

**Mass times and intentions: 30<sup>th</sup> May – 07<sup>th</sup> June 2026**

<b>Saturday</b>	<b>30</b>	<b>THE MOST HOLY TRINITY</b> 18.00 – The People of the Parish
<b>Sunday</b>	<b>31</b>	11.30 – Silveen Bakose Pritchard RIP
<b>Monday</b>	<b>01</b>	NO MASS
<b>Tuesday</b>	<b>02</b>	<b>Feria of Ninth Week in Ordinary Time</b> 10.00 – Gerry McDowell
<b>Wednesday</b>	<b>03</b>	<b>St Charles Lwanga and Companions Martyrs</b> 10.00 – K. Mathew and K. Devasia RIP
<b>Thursday</b>	<b>04</b>	<b>Feria of Ninth Week in Ordinary Time</b> 10.00 – Anna-Leah – good health
<b>Friday</b>	<b>05</b>	<b>St Boniface</b> 10.00 – Sylvia – good health
<b>Saturday</b>	<b>06</b>	<b>Memorial of the Blessed Virgin Mary</b> 10.00 – Lorna Lee RIP
		<b>THE MOST HOLY AND BLOOD OF CHRIST</b> 18.00 – The People of the Parish
<b>Sunday</b>	<b>07</b>	11.30 – Johnny Hackett RIP

Tuesday to Saturday, after the Holy Mass,  
**Adoration of the Blessed Sacrament & Holy Rosary**

**Mass Intentions / Offerings:** Special envelopes are available at the back of Church. If you would like Mass offered on a particular date or anniversary, please let the Parish Priest know well in advance – the sooner the better. Thank you for your co-operation.

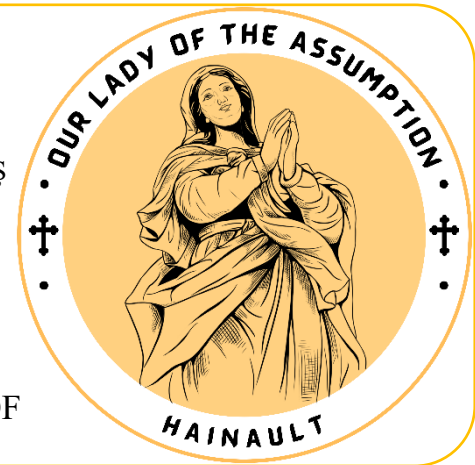
**Mass Attendance last weekend: 381**

**Offertory Collection last weekend: £ 796.00**

<b>Please consider SUPPORTING our Parish with a donation</b>		
Donate by bank transfer or standing order:	Scan to donate:	Donate via the Parish website:
<b>Account Name:</b> Catholic Church Hainault The Assumption <b>Sort Code:</b> 40-13-22 <b>Account Number:</b> 31019244		<a href="https://hainault.org.uk/donations/">https://hainault.org.uk/donations/</a>
Please sign up to Gift Aid if you are a UK tax payer. Gift Aid allows the parish to receive an extra 25p for every £1 you donate - at no additional cost to you		

**CATHOLIC PARISH  
OF THE DIOCESE OF BRENTWOOD**

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**THE MOST HOLY TRINITY – 31<sup>st</sup> May 2026**

Hymn Book numbers for Sunday Mass

**738** – Thou whose almighty Word (v. 1, 3, 4)

**Responsorial Psalm:**

*To be praised and highly exalted for ever!*

**280** – I received the living God

**512** – Now thank we all our God

**490** – Morning has broken like the first morning

**17** – All glory, laud and honour (v. 1, 2, 4, 5)

**Dear brothers and sisters,**

Today the Church invites us to contemplate one of the deepest and most beautiful mysteries of our faith: the mystery of the Most Holy Trinity - Father, Son, and Holy Spirit. One God in three Persons. And perhaps, when we hear these words, we feel that this mystery is too great, too high for us to fully understand. And it is true: the human mind can never completely grasp the greatness of God. But today's Gospel does not ask us to solve a mystery like a mathematical problem. It invites us into a relationship of love with God.

Because at the very heart of the Holy Trinity is love.

In today's Gospel, Jesus speaks some of the most beautiful and comforting words ever given to humanity: "For God so loved the world" It does not say that God merely tolerated the world. It does not say that God looked at humanity from a distance. It says that He loved the world. And He loved it so deeply that He gave His Son.

Dear brothers and sisters, many people grow up with the image of a cold and distant God, a God ready to punish every mistake. But today Jesus reveals to us the true heart of God: a heart that loves, that seeks out the human person, that forgives, lifts up, and never stops hoping for us. And perhaps this is what the world needs most today: to rediscover that it is loved by God.

We live in a world where many people feel unseen, unimportant, or not good enough. Many carry hidden wounds. Some have been hurt by harsh words, others by abandonment, others simply by the absence of love. Slowly, they begin to believe that they have little value. But today's Gospel tells us something extraordinary: every single person is so precious in the eyes of God that Christ came into the world for them.

The Holy Trinity shows us that God is not loneliness, but communion. The Father loves the Son, the Son loves the Father, and the Holy Spirit is the living love between them. And we were created in the image of this God. That is why the human heart cannot live without love, without relationships, without closeness. Whenever we truly love, whenever we forgive, whenever we pray for one another or carry the burdens of the weak, we reflect something of the beauty of the Holy Trinity.

And perhaps this is the challenge of today's feast: not to search for God only in complicated explanations or great words, but to discover Him in love lived day by day. A family that remains united through trials speaks about God. A person who shows patience to someone difficult speaks about God. Someone who visits the sick, listens to a lonely soul, or offers encouragement to a discouraged heart makes the love of God visible in this world.

Saint Augustine once tried to understand the mystery of the Holy Trinity. It is said that while walking along the seashore, he saw a small child trying to pour the entire ocean into a tiny hole in the sand. Augustine said to the child, "It is impossible to fit the whole ocean into that little hole." And the child replied, "And it is just as impossible for the human mind to fully contain the mystery of God." And yet, even if we cannot understand everything, we can still love. We can still trust. We can still open our hearts to God.

Dear brothers and sisters, today's feast reminds us that at the origin of all existence there is not darkness, not chance, not fear - but love. We come from the love of God, and we are journeying toward His love.

And perhaps when we make the Sign of the Cross - in the name of the Father, and of the Son, and of the Holy Spirit - we sometimes do it too quickly, without thinking. Yet that simple gesture is like God's embrace over our lives. It reminds us that we do not walk through this world alone. The Father watches over us, the Son walks beside us, and the Holy Spirit strengthens us each day.

And so today, as we leave this church, let us carry within us this gentle and beautiful certainty: we are deeply loved by God. Even in our weakness. Even in our struggles. Even in the moments when we feel lost or tired, the love of the Father still surrounds us, the mercy of the Son still reaches for us, and the light of the Holy Spirit still shines quietly within us.

May our hearts become places where God's love can rest. May our words bring peace. May our presence bring comfort. And may the people we meet feel, even through our small acts of kindness, that they too are cherished by God. Because a life touched by the love of the Holy Trinity can never remain empty. It becomes a light for others, a shelter for the weary, and a quiet reflection of heaven here on earth.

**Amen.**

### **• Your Voice Can Make a Difference in Our Community**

One of the deepest desires I carry for our parish community is to see our liturgical celebrations become ever more prayerful, vibrant, and uplifting. For this reason, I would like to make a heartfelt invitation to all those who love music and singing to help us build a parish choir in the true sense of the word.

A choir is much more than music. It is a beautiful form of service to God and to the community. Through sacred music, hearts are touched, prayer becomes more profound, and our celebrations gain a special beauty that helps all of us draw closer to the Lord.

I truly believe that every person has gifts that can enrich the life of our parish. Some serve through prayer, others through kindness and generosity, and some through the gift of music. To be part of the choir means not only to sing, but also to participate actively in the life of the community and to help create moments of grace, peace, and inspiration for everyone who gathers in our church.

I would also warmly invite anyone who plays a musical instrument and would like to help enrich the music during our Sunday liturgies to please come and speak with me. Whether you play the guitar, piano, violin, flute, drums, or another instrument, your talent could become a wonderful blessing for our community. It is my sincere hope to bring a renewed spirit and new life to the music of our parish, so that our celebrations may truly lift hearts toward God and help our community grow together in faith and joy.

I warmly encourage both young people and adults to consider becoming part of this journey. What we build together as a community becomes something beautiful and lasting for all.

### **• Diocesan Second Collection**

There will be a second collection after both Masses next weekend for **Sick Clergy**. Thank you for your generosity.